

Dear Parents/Guardians,

Re: Guidelines for Medication at Camp

******All Drugs Must Be in the Original Container******

The First Aider at Camp will have a First Aid Kit for the treatment of accidents and injuries. However, this is not a medical kit so parents must provide any medication their daughter may require. A First Aider is not qualified to administer medication. .

Prescription Drugs & Over-the-Counter Medication: Specific instructions are to be attached to the original container in a “Ziploc” bag with your daughter’s name clearly labeled on it. All medications are to be handed in to the First Aider or her designate upon arrival at camp. She is to confirm that she fully understands all instructions. An Adult will supervise your child taking the medication. Volunteers will try and ensure the medication is taken at the proper time and in the proper dosage.

Inhalers and Epi-pens or any medications or devices that are required for life-threatening allergic reactions should be with the child or the adult participant at all times preferably in a fanny pack. Please check the expiry date prior to sending it to camp, as you may receive a call that it is unsafe to have your daughter at camp with expired medication.

All information on prescription drugs, over-the-counter medications (**sunscreen, bug repellent, after bite and antibiotic ointments are all considered medication**), inhalers and Epi-pens must be on the Health Form that is required by Girl Guides of Canada. The Responsible Guider, First Aider or a designated supervisor will keep records of first aid treatment and medications taken by girls while participating in any Guiding activity. A Medication Record form (OA.2a) and First Aid Treatment form (OA.2b) will be completed.

Minor problems that arise at Camp will be treated with rest and quiet. If a child becomes ill at Camp and does not improve with above measures, you will be contacted and will be asked to come and get your daughter. In an urgent situation, Guiders may obtain verbal consent by phone from parents/guardians to give a girl fever or cough medication to relieve symptoms. They must tell the parent/guardian:

- 1 The type and brand name (i.e., fever medication – Tylenol) and the dose
- 2 Another supervisor must repeat to the parent/guardian the above medication information and confirm consent
- 3 An incident report and OA.2a must be completed.

In an emergency situation 911 will be contacted.

Thank you for your co-operation. It helps our volunteers to ensure that your daughter’s time at camp is a safe and enjoyable experience.

Yours Truly,
Cindy Corney
Lougheed Area Camping Advisor