



Lougheed Area Girl Guides Safe Guide **Red** Level Training

Thursday, February 2, 2012

Location TBD

7:00 pm - 9:00 pm



Do you like adventurous activities or are you someone interested in learning how to plan adventurous activities?

This specialized training is designed for Guider's who want to learn how to use the Safe Guide to plan and lead adventurous activities. Bring your experience, interest, and questions. We will share planning best practices and go through practical adventurous scenarios.

This training will cover planning and paperwork for:

Adventurous activities such as:

- zip lining
- backpacking
- horse packing
- canoeing
- kayaking
- river rafting
- snow camping
- other adventurous activities

Training pre-reading: Safe Guide Red Level Activity Guides & Water Planning Sections (and bring your Safe Guide to the training too!)



Register by **Monday, January 30th** @ <http://girlguideslougheedarea.org/training.htm>