



## Community Action Challenge



**WHY:** Girl Guides of Canada has a vision to make a positive difference in the life of every girl and woman who experiences Guiding so she can contribute responsibly to her community.

Enabling our girl members of Girl Guides of Canada to be visible within our communities not only supports our commitment to their communities but also teaches the girls about the communities that they live in.

**WHO:** Each Unit in every District of Lougheed Area Girl Guides

**WHEN:** Every Guiding Year, beginning in the 2011-2012 Guiding year

**WHAT:** As a Unit, complete 10 Community Related Service Projects, Events or Activities as well as sell 1/3 of Unit cookies Door to Door and participate in at least one cookie blitz for each campaign.

**Expectations:** When out and about in the community, each girl must wear her uniform (min. shirt, scarf and sash)

Once your 10 tasks + cookies are completed, your Unit can receive The Lougheed Area Community Action Crest. Complete the Community Challenge Crest order form and send it in.

Don't forget to take pictures of your Unit completing their program work in the community (including cookie sales) and send them in with your form!

For the girls who have already received this crest and are completing the challenge again, great! Because this is a challenge for everyone, every year, the border colour on the crest will change as well. (Yellow for the 1st year, orange for the 2nd year, and red for the 3rd)

Below are ideas that can be incorporated into your program as an individual Unit, bridging opportunity or district event:

- o Community Events
  - Remembrance Day Parade
  - Community events (e.g.: Teddy Bear Picnic, local festivals)
  - Arrange a Unit meeting at a public space such as the mall, city hall, city center park, college
- o Community Service Projects
  - Build food hampers at the local food bank
  - Hold a meeting at a Seniors Centre
  - Plant trees
  - Shoreline clean-up
  - Blankets for Canada
  - Habitat for Humanity Women Build
- o Nature, the Environment and Animals
  - Be Bear Aware
  - Take Your Unit on a local trails (for clean-up, geocaching, plant learning, etc..)
  - Visit the local ski hills
  - Build snowmen in the city park
  - Visit a local animal shelter
  - Do a camping skills meeting at the park
- o Science
  - Speak with a local college to see if your Unit can be shown a science experiment on campus
  - Plan an evening under the stars and learn more about astronomy
  - Using cookie boxes, measure local landmarks!
- o Arts
  - Visit a local art gallery or museum
  - Sit on the local art gallery steps and sketch the view across the street
  - Visit a local watch/jewelry shop and learn about how their products are made
  - Visit a local theatre, or create a skit and perform it in the community
  - Contact a local musician and see if they can give your girls a lesson at their store
- o Health and Safety
  - Visit your local police station, fire hall or hospital
  - Visit a local health food store
  - Go door to door and hand out emergency preparedness pamphlets (from fire-department or other acceptable group)
- o Active Living
  - Go skating, swimming, kayaking, hiking, rock climbing
  - Have a party at the gymnastics club
  - Have a fitness trainer or dance instructor do a class at the local park or mall
- o International
  - Discover Hostelling in your community – meet people from all over the world!
  - Go to a local field or park and play sports/games from other countries
  - Meet on the steps of City Hall, Museum or Art Gallery and discuss “Peace”
  - Explore diversity in your community and visit places, community centers or business that reflects a different country or way of life.